

## **Healing and Health**

**Activity Name: To Good Health! – Flu Shot Assistants**

**Staff Contact: Teresa Flaherty, RN Parish Nurse**

### **Description of this opportunity:**

Once each year, our Parish Nurse provides flu shots after Mass on scheduled weekends and at the St. Vincent de Paul Program on several scheduled Monday evenings. This activity always takes place in late October or early November. We need a small group of people to assist our Parish Nurse collect fees and help clients complete necessary forms while she administers the shots.

### **Commitment of time**

You should be able to contribute at least 2-3 hours on a weekend or Monday evening during the period late October – mid-November.

### **Best Qualities for Flu Shot Assistants**

You are the perfect person for this task if you enjoy meeting people and can help fill out simple paperwork. You should be ready to assist people prepare for the flu shots, take a coat or make sure the line moves efficiently.

### **Need for volunteers:**

We need a group of 12-15 volunteers to cover the four week-end Masses, the St. Vincent De Paul Monday evening outreach and possible one or two other food pantry sites in the area. Each Mass or other event will require no more than 2 persons to assist at any one time.

### **Volunteer coordination by:**

Teresa Flaherty, RN

### **Location**

Location is always the Cathedral of St. John the Evangelist. The building is accessible to the handicapped and is located on or near several bus lines